



St. Mary Medical Center

A member of CHW



*service*  
to our community

2007 ANNUAL REPORT

# Our Mission, Vision and Values

## Our Mission

Catholic Healthcare West and our sponsoring Congregations are committed to furthering the healing ministry of Jesus. We dedicate our resources to:

- delivering compassionate, high-quality, affordable health services;
- serving and advocating for our sisters and brothers who are poor and disenfranchised; and
- partnering with others in the community to improve the quality of life.

## Our Vision

A growing and diversified health care ministry distinguished by excellent quality and committed to expanding access to those in need.

## Our Values

Catholic Healthcare West is committed to providing high-quality, affordable health care to the communities we serve. Above all else we value:

**Dignity** - Respecting the inherent value and worth of each person.

**Collaboration** - Working together with people who support common values and vision to achieve shared goals.

**Justice** - Advocating for social change and acting in ways that promote respect for all persons and demonstrate compassion for our sisters and brothers who are powerless.

**Stewardship** - Cultivating the resources entrusted to us to promote healing and wholeness.

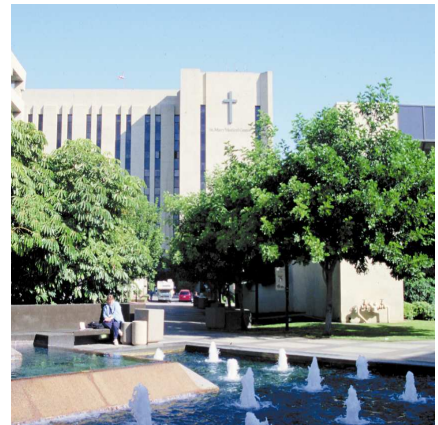
**Excellence** - Exceeding expectations through teamwork and innovation.

# St. Mary Medical Center

As a member of Catholic Healthcare West, St. Mary Medical Center is committed to serving the health needs of our communities with particular attention to the needs of the poor, the disadvantaged and vulnerable, and the comfort of the suffering and dying. Catholic Healthcare West has a commitment to quality - quality healthcare services and the promotion of optimal quality of life for all of life.

## Our Ministry

Catholic Healthcare West hospitals are technologically advanced without losing the human touch. At St. Mary Medical Center we foster the belief that people make the difference in the art of healing. We strive to create a professional and healing environment that respects human dignity, provides excellent services, promotes justice in serving the poor, stewards our healthcare resources and collaborates among healthcare providers and community leaders. We believe that high quality healthcare is a right, not a privilege, and we strive to provide healthcare access for all who seek care in our facility.



## History and Heritage

St. Mary Medical Center lives its mission through a deep and historic involvement with the Long Beach community. Established in 1923 by the Sisters of Charity of the Incarnate Word and rebuilt in 1933 following a devastating earthquake, St. Mary has provided for the preventive, curative, supportive and rehabilitative needs of the city's diverse population. In 1996, St. Mary Medical Center became a part of Catholic Healthcare West (CHW,) continuing the Sisters' ministry of service.

## Improving Community Health

Our affiliated physicians, employees and volunteers recognize and support the physical, emotional, social and spiritual well being of those we serve.

We aim to provide the highest quality healthcare within our hospital walls, but we also work in partnership with other local organizations to address the priority health needs of our community outside the walls of the hospital.

We hold ourselves accountable to our community for the human, financial and ecological resources entrusted to our care. We are proud to share this 2007 Report to the Community on the strategic efforts we have undertaken over the last year to promote the health of the St. Mary Medical Center community.

# Community Benefit Programs

In 2007, St. Mary Medical Center provided \$32,357,000 in unsponsored care and programs for the benefit of our community. Unsponsored care includes costs of care for persons who are poor, the costs associated with caring for Medicare, Medicaid and other government program beneficiaries, and costs for services our hospital subsidizes because they are not offered anywhere else in the community. The remaining community benefit expenses may also include health professions' education and research, clinic services, health promotion and disease prevention programs, grants and donations of cash or services to non-profit organizations.



## Senior Services

The Senior Health program targets those 55 and older. We believe that mind, body, and spirit are all connected, and companionship is just as important as our health screenings and lectures. The Senior Center plans and hosts an array of monthly low-cost trips to museums, historical attractions, and other points of interest. Ongoing services include: low cost exercise classes and massage sessions, complimentary computer training and access to a copier and fax, complimentary transportation, and a well stocked resource center with

health resource information, including “books on loan.”

## Imaging Center at St. Mary

The program offers breast health care for low/no income women over age 40 under the “Every Woman Counts” Program sponsored by the State of California, as well as services through the Susan G. Komen Grant for women under age 40 who have no other recourse.

## CARE Program

Comprehensive AIDS Resource and Education (CARE) Program has been operating since 1986. It continues to rank as one of the finest and largest programs of its kind in the nation. CARE offers: AIDS Clinical Trials; the CARE Outpatient Medical Clinic; social and medical model case management; social services; mental health; nutritional services; attendant care and other home health services; Family Services Program and Family Food Bank; HIV anonymous and confidential counseling and testing; and a dental clinic.

## Faith Health Ambassadors

St. Mary Medical Center and its collaborative partners (including American Cancer Society, Long Beach Health and Human Services, American Red Cross, and the American Diabetes Association, among others) have joined with faith communities to create access, linkages, and knowledge of healthcare and other issues. More than 40 congregations participate in the monthly meetings.

## Families in Good Health

The mission of Families in Good Health (FIGH) is to empower individuals and families to make healthy choices regarding their health and welfare. Because FIGH is completely grant driven, its programs, goals, and objectives must not only address the Medical Center’s priority areas but must meet the priorities of the funding agencies. Among their various programs are The Long Beach Child Care Empowerment Project, Healthy Living Diabetes Program, and Taking Control Cancer Prevention Project.

# Community Grants

The CHW Community Grants program, which is funded by contributions from its member hospitals, is one way in which CHW supports and enhances the advocacy, social justice and healthier communities' efforts of its hospitals and religious sponsors. One of the program's objectives is to partner with other nonprofit organizations that share our values and also work to improve the health status and quality of life of the communities we serve.



Last year St. Mary Medical Center contributed \$94,609 in grant funding to 4 nonprofit organizations serving our community. Grant awards were offered to the following organizations:

**California Pools of Hope, Inc.**  
Aquatic Therapeutic Exercises Classes; Physical Therapy Case Management, Deep Water Exercise and conditioning Activities, programs for children and disabled children and a Healthy Women's program for low-income senior women of color.

**Goodwill Industries of Long Beach**

CNA training program for underserved populations,

specifically African-American and Latino youth.

**Sexual Assault Crisis Agency**  
Counseling and Case Management Services for Latinos for sexual abuse. Latino women

**St. Luke's Episcopal Church**

The Homeless Shower Program provides clean clothing, a hygiene kit, a clean towel and a hot shower to homeless residents of downtown/central long Beach.

**Su Casa**

Bring domestic violence awareness education into the underserved groups.

# Community Investments, Ecology and Advocacy

## Community Investments



CHW's Community Investment Program provides below market interest rate loans to nonprofit organizations working to improve the health and quality of life in their communities. CHW borrowers develop affordable housing for low-income families and seniors, provide job training for unemployed or underemployed persons and create wealth in low-income and minority neighborhoods.

Since 1990 Catholic Healthcare West has invested over \$84 million in community based organizations.

## Ecology Initiatives

In January 1996 the CHW Board of Directors endorsed the Ceres Principles for environmental stewardship. In endorsing the Ceres Principles, CHW agreed to conduct an internal environmental audit and complete an annual public report



on environmental performance. This action positioned CHW as a healthcare leader on environmental issues. At CHW we develop and implement policies for the reuse, recycling and conservation of Earth's resources.

## Advocacy Efforts

Through effective advocacy efforts, CHW addresses the social, political and economic structures that impact the health of persons, especially those most vulnerable. Our advocacy priorities address issues related to: providing the resources needed to effectively care for those most vulnerable; promoting community health; and advancing ecological initiatives. CHW collaborates with other organizations that share our values to coordinate public policy and shareholder advocacy efforts.



# About CHW

We are committed to delivering compassionate, high-quality, affordable health care services in a compassionate environment that is attuned to every patient's physical, mental and spiritual needs.



Catholic Healthcare West, headquartered in San Francisco, is a system of 42 hospitals and medical centers in California, Arizona and Nevada. Founded in 1986, CHW is the eighth largest hospital system in the nation and the largest not-for-profit hospital provider in California. The CHW network of more than 9,500 physicians and approximately 40,000 employees provides quality health care services during more than four million patient visits annually. In 2007, CHW provided more than \$922 million in community benefit and free care for the poor.

## Key Statistics (as of June 30, 2007)

<b>Acute Care Facilities:</b>	<b>42</b>
<b>Acute Care Beds:</b>	<b>8,539</b>
<b>Skilled Nursing Beds:</b>	<b>982</b>
<b>Employees:</b>	<b>42,845</b>
<b>Active Physicians:</b>	<b>9,688</b>
<b>Community Benefits and Care of the Poor:</b>	<b>\$922 million</b>



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